

LAIKIPIA



UNIVERSITY

APRIL - JUNE 2023 EDITION

LU InfoPoint

Newsletter

A Quarterly Publication of Laikipia University



Laikipia University is ISO 9001:2015 and ISO/IEC 27001:2013 Certified



@LaikipiaUniKe

www.laikipia.ac.ke



Laikipia University-KE

Editor's Note

Dear Reader

We are delighted to welcome you to this edition of LU InfoPoint. We intend to bring you a quarterly publication of the Newsletter and a monthly publication of the Bulletin. This edition features important events that have taken place in the University during the last three months.

Editorial Team

1. Prof. Felicia Yieke - Chief Editor
2. Ms. Fancy Sitonik - Corporate Communication Officer
3. Dr. John Wahome - Content Editor
4. Ms. Irene Odhiambo - Content Editor
5. Mr. Josiah Mokaya - Content Editor
6. Mr. Cornellius Sitonik - Designer and Photographer

Why you should consider Laikipia University

Location : Laikipia University is located in a beautiful serene environment which is conducive for learning, research and sporting activities.

Quality Education : Laikipia University offers a wide range of programmes, quality education and training and research which places our students in the world map.

Laikipia University gives you the opportunity to explore and nurture your talents.

Programmes offered are highly marketable and give you the opportunity to expand your horizons in both national and the international spheres. We assure you of timely completion of your studies.

VISION:

A University for valued transformation of society

MISSION:

To serve students and society through research, education, scholarship, training, innovation, outreach and consultancy

CORE VALUES:

Quality, Integrity, Respect

MOTTO:

‘Seed of Wisdom’

Second Semester 2022/2023 Examinations

END OF SEMESTER EXAMINATION

Conducted on 11th- 25th April, 2023

Second Semester 2022/2023 Examinations were conducted as from 11th – 25th April, 2023. After the exams the students broke for the long holiday they will be expected back between May – September 2023. The students will be expected back in two cohorts i.e. for the Postgraduate and Bachelors Programme and also the TVET Programme. The following are the academic calendars for the 2023/2024 academic year:

Academic Calendar for Postgraduate and Bachelors Students Academic Year 2023/2024

1. First Year's Post-graduate and Bachelors physical reporting and orientation; 21st August – 1st September, 2023.
2. Commencement of 1st semester for teaching and learning; 4th September, 2023.
3. Activation/Online reporting; 28th August – 15th September, 2023. At least one week before commencement of semester and two weeks after commencement of the semester.
4. Course/Unit registration and payment of at least 60% of the semester fees 2nd October, 2023. One month after commencement of the semester.
5. Teaching and learning for both first years and continuing students; 4th - September – 1st December, 2023.
6. Examination approval/printing of examination cards and 100% payment of semester fees; 17th November, 2023. Two weeks before commencement of exams.
7. End of semester examinations; 29th November - 15th December, 2023.

Academic Calendar for TVET Third Term 2022/2023

1. Activation/Online Reporting term three for continuing students and term one for new students; Monday, 8th May, to Friday, 12th May, 2023.

3. CAT one & two; Week 6 and week 10.
4. Last day for submission of Course Work Assessment (CWA) and Project Marks to KNEC; Friday, 30th June, 2023.
5. Collection of Advance Instructions (Practical) from KNEC; Thursday, 29th June, 2023.
6. Period for KNEC Practical and Theory Examinations; Monday, 10th July to Friday, 4th August, 2023.

The State Corporations Advisory Committee (SCAC) Event

The State Corporations Advisory Committee (SCAC) partnered with the Institute of Certified Secretaries (ICS) to mount the 2023 induction workshop for Board Members of State Corporations. This Board Induction was held in four Cohorts from 12th to 26th April 2023 at Lake Naivasha Resort, Naivasha with the first Cohort held from April 12th to 14th, 2023, and was officially opened by H.E. Dr. Musalia W. Mudavadi.


The Workshop was premised on good governance promotion in Kenya and Laikipia University was represented by the Vice Chancellor Prof. Kibett Rotich and the University Legal Officer Ms. Imelda Wanjau. The collaboration between ICS and SCAC, that started way back in 2015, from MWONGOZO CODE of Governance for State Corporations in Kenya, has been further strengthened through this noble capacity building initiative.

The Board Induction Workshop brought together all Board Members and Chairpersons in all state corporations in Kenya, and created a platform for exchange of ideas, and robust engagement on corporate governance matters. During this Induction Workshop, several topics and thematic areas were covered that include; principles of Corporate Governance under Mwongozo and Emerging Issues, Policy and Institutional Framework of State Corporations; emotional intelligence and Boardroom dynamics, Overview of Governance Audit Framework, Overview of Public Procurement and Disposal Framework for State Corporation, and Effective Management of Meetings, Ethics among others.



Prof. Kibett Rotich, LU Vice Chancellor (Second Left) and Ms. Imelda Wanjau, LU Legal Officer (Second Right) and some of the SCAC officials during the State Corporations Advisory Committee (SCAC) event held from 12th to 26th April, 2023 at Lake Naivasha Resort.

Geographical Information Systems (GIS) and Global Navigation Satellite Systems (GNSS) Offer of short courses



LAIKIPIA UNIVERSITY

OFFICE OF THE DEAN
SCHOOL OF SCIENCE AND APPLIED TECHNOLOGY
 OFFER OF SHORT COURSES

CERTIFICATE IN

GEOGRAPHICAL INFORMATION SYSTEMS (GIS)
GLOBAL NAVIGATION SATELLITE SYSTEMS (GNSS)


TRAINING PROGRAMME	DURATION	COST (Payment in two Installments)	TARGET GROUPS
GEOGRAPHICAL INFORMATION SYSTEMS (GIS)	50HRS	Ksh. 20,000/=	•Students •Members of Staff, Educators/Researchers •NGOs, National and County Government Officials
GLOBAL NAVIGATION SATELLITE SYSTEMS (GNSS) AND GLOBAL POSITIONING SYSTEMS (GPS)	50HRS	Ksh. 20,000/=	•Environmental Personnel •Other Specialists in Related Fields

The Mode of Training will be blended (online and physical) learning and fees will be paid in two installments.

IMPORTANT DATES

15th May - 31st May, 2023 : Registration for training.
 12th June - 23rd June, 2023 : Training period.

FOR ANY ENQUIRIES KINDLY CONTACT: 0725574915 / 0727574915
 (OFFICE OF THE DEAN; SCHOOL OF SCIENCE AND APPLIED TECHNOLOGY)



Laikipia University is ISO 9001:2015 and ISO/IEC 27001:2013 Certified

@LaikipiaUniKe www.laikipia.ac.ke  Laikipia University-Ke

The training was scheduled to take place from 12th – 23rd June, 2023 at the University under the Office of the Dean, School of Science and Applied Technology. The mode of the training was blended i.e. online and physical learning and fees was paid in two installments.

The GIS/GNSS poster - offer of courses (Left).

CBC Training for University Academic Staff

Competency Based Curriculum Training for Academic Staff was held on 5th May, 2023 at Mandela Hall. The training was officially opened by the Vice Chancellor Prof. Kibett Rotich and was conducted by Prof. Fredrick Ngala from Kabarak University. In attendance was the Deputy Vice Chancellor - Academic Research and Student Affairs, Dean of Schools, Directors, Chairs of Department and lecturers.

The main aim of the training was to acquaint the staff with how the CBC for University Education works. It touched on key areas in its execution, major difference between Knowledge Based Curriculum (KBC) - the current curriculum and the Competency Based Curriculum, Core Competencies for basic Education and Implications of Basic Education Curriculum Framework (BECF). Flexibility with earlier career placement, emphasis on values and guiding principles were among the importance of CBC. The University is looking forward to put in place all measures that will ensure, with time CBC is inculcated in the Curriculum.



A section of participants during the Competency Based Curriculum (CBC) training held at Mandela Hall on 5th May, 2023.

Alliance of Biodiversity International and The International Centre For Tropical Agriculture (CIAT) Meeting With Laikipia University Management

On 11th May, 2023, Officials from the Alliance of Biodiversity International and the International Centre for Tropical Agriculture (CIAT) paid a courtesy call on the Vice Chancellor who held a fruitful discussion with them at the University Management Boardroom. Also in attendance were Ag. Deputy Vice Chancellor (ARSA) Prof. Jacinta Ndambuki, Dean School of Science and Applied Technology, Dr. Poti Owili, Chair of Department Earth Sciences, Dr. Barnabas Kurgat and Chair of Department Commerce, Dr. Florence Opondo. The meeting was organized by COD, Department of Earth Science and was steered towards potential collaborations between Laikipia University and Alliance –CIAT. The Alliance-CIAT is a lead partner supporting the implementation of the Accelerating the Impact of CGIAR Climate Research for Africa (AICCRA) project in the region.

Laikipia University represented in The Huawei ICT Global Competition Finals

In the month of May, three students from Laikipia University were part of the team of 15 students representing Kenya in the Huawei Global Competition currently happening in China. Congratulations to Dan Kipchirchir Ronoh, Dennis Fundi Ndunda and Brian Kiprotich Rutto for making us proud.



A team of students representing Kenya posing for a photo during the Global Huawei ICT Competition 2022 - 2023 Final held in China.

Laikipia University 5th Biennial International Conference

Laikipia University 5th Biennial Conference was held on Wednesday, 24th May, 2023 to Friday, 26th May, 2023 at Laikipia University Main Campus. The theme of the conference was Climate Change Conversation: From Realities to Transformative Actions. The three-day Conference was graced by Dr. Frank Ndakala, PhD on behalf of the Principal Secretary, State Department for University Education and Research, Dr. Beatrice Muganda Inyangala among other dignitaries.

The occasion was also graced by Laikipia University Vice Chancellor Prof. Kibett Rotich, Ag. Deputy Vice Chancellor Academics Research and Student Affairs, Prof. Jacinta Ndambuki, Director Research Human Rights and Gender Prof. James Ogolla, Delegates, Members of the University Management Board, Members of the Senate, Conference Organizers, Staff and Students. Laikipia University International Conference is held after every two years and this year it attracted 83 research presenters from within and outside Kenya including Nigeria, Denmark, United States of America, Netherlands and many others.

Laikipia University is at the forefront in combating Climate Change by engaging in tree planting in the University, within the community especially in primary and secondary schools, establishment of botanical gardens and has plans to rehabilitate 'Lake Chacha', a beautiful water body within the University. It was also noted that the Conference took into account Sustainable Development Goals (SDG) as per the national agendas in Climatic Change Action. The Conference theme also goes hand in hand with Research and Innovation forum which was held in March in the University and delegates from various parts of the world presented during the conference, both physically and online.

On the second day the Delegates had interactive sessions and presented papers on various sub-themes in relation to climate change action including; Agriculture Food Systems; Environmental Conservation; Indigenous Knowledge and Education for Sustainable Development; Sustainable Energy; Water Health, Sanitation and Safety; Gender and Human Rights;

Science, Technology and Innovation; Communication, Creative Solutions, Literature and Artificial Intelligence; Civil Society, Ethical and Moral Issues; Policy, Devolution and Governance ; Economics, Business and Management.

The second day's keynote address was presented by Dr. Katrine Soma, PhD, Senior Researcher at Wageningen University and Research, Netherlands; and Ms. Nancy Mudenyio Hunt, CEO - NASIO Trust Organisation, Kenya on the sub theme: Water, Health, Sanitation and Safety and the focus was on Spirulina as an agent of change in Rural Urban Food Systems.

Spirulina is a plant, a type of blue-green algae that grows both in salty and fresh water and has a lot of nutritional and economic significance to the human body. The case study of the research was highlighted and still practiced in Nyeri, Kibera, Kakamega, Kisumu/Busia, Solio and Sagana in Laikipia.

World Health Organization (WHO) facts and figures shows that inadequate water is the leading cause of issues relating to hygiene, health and safety. With regard to Spirulina, the team were able to establish fish farming in Nyeri and its market was in Kibera. Spirulina is used as food for fish as well, it can also be consumed in different forms including capsules. The nutritional benefits of it being that Spirulina is rich in proteins, copper, potassium, manganese, zinc and calcium. It also helps in fighting anaemia, blood pressure, arthritis and it acts as a detoxificant. It is as such an important factor that helps in combating challenges facing health, sanitation and Safety as well as Economic crisis by reducing unemployment.

On the last day of the conference, the keynote address was on Agricultural Food Systems and Climate Change. It was presented by Prof. Bockline Omedo Bebe, PhD, Professor of Livestock Production Systems and Former Ag. Deputy Vice Chancellor for Research and Extension, Egerton University-Kenya. The discussion was on how to address the issue of Food Security systems with regard to changing climatic situations. It was noted that the current Global Dialogue was aimed at reducing Global Warming and limiting Greenhouse Gases (GHGS) emissions so as to the adverse effects of climate change. Global Food Summits held are advocating for Food

Systems that take into account Sustainable Development Goals (SDG), mobilize financial support and uphold Food Systems agenda.

According to the First Global Stock take (GST) during the United Nations Food Security (UN FS) Summit 2021, with failing food systems there is increased risk of exceeding planetary boundaries with the world heading beyond a dangerous zone called 'Code Red for Humanity'. This means the Earth is getting so hot that temperatures in about a decade will rise considerably enough to cause more glacial melting and excessive global warming. Countries also will be unable to feed their increasing populations as there will be a challenge with unpredictable weather patterns.

As such, there is urgent need to take possible actions to ameliorate the environment, health, and diet against the perilous effects of adverse climatic changes. Putting measures in place to fix the increasing effects of carbon like tapping the green energy, a process called carbon trading. It also involves going for environmental friendly alternatives like electric cars and establishing solar farms. It is also our responsibility as individuals, organizations and the world at large to do the necessary to promote and practice reliable, affordable and efficient Food Systems to advocate for Positive climate change.

During the conference period, exhibitions were also held at Vision 2030 Hall with Laikipia University's Directorate of Resource Mobilization and Investment, NASIO Trust Organization and L'arche Kenya being at the forefront. It is worth noting also that delegates and participants also had an exclusive excursion to Subukia Great Rift Valley View point and thereafter an evening cocktail.

As the forum halted, Prof. Felicia Arudo Yieke urged delegates that there was need for quality papers if so that they could be considered for publishing. Prof. Ogolla gave the closing remarks and the conference was officially closed by Dr. Charity Chemnjor, on behalf of the Ag. Deputy Vice Chancellor (Administration Finance and Planning), Prof. Nicholas Irungu Kamau. She urged everyone to be an ambassador of environmental conservation in order to combat climate change following the example of Prof. Wangari Maathai's hummingbird story.



Ag. Deputy Vice Chancellor (ARSA) Prof. Jacinta Ndambuki planting a tree during the opening of the 5th Laikipia University Biennial Conference on 24th May, 2023 outside Mandela Hall.

Re-Appointment of Prof. Kibett Rotich as Vice Chancellor

It is our great pleasure that we inform members of Laikipia University and the general public about the re-appointment of Prof. Joseph Kibett Rotich as Vice Chancellor, Laikipia University which effected from 13th June, 2023. We wish to extend our congratulations to the Vice Chancellor on this appointment. This is a great milestone for the University in its efforts to strengthen the University's leadership and management.

We are cognizant that the achievement was a collective achievement and all members of staff are called upon to extend their continued support and co-operation to the Vice Chancellor, in realizing our shared vision of valued transformation of the society and in implementing the University Policies and Strategic Plan. We wish Prof. Kibett Rotich the very best as he delivers in his mandate.



Laikipia University Vice Chancellor making his contribution during the 5th Biennial Conference held at Mandela Hall from 24th - 26th May, 2023.

Ministry of Education Officials Visit

Officers from the Ministry of Education visited the University on 7th June, 2023 to carry out an evaluation of the National Education Sector Strategic Plan (NESSP 2018-2022). The purpose of the visit was to assess the performance progress, achievements, best practices, and lessons learned during implementation of projects and programmes for the last five years in order to inform the preparation of the next NESSP 2023-2027. The officers were happy with the progress the University had made towards attaining its mandate of teaching and research as well as community outreach.



Members of the Laikipia University Management Board together with officials from the Ministry of Education outside the University Administration block during the visit on 7th June, 2023.

Laikipia University Health Talk

Laikipia University Health Talks were held on 7th June, 2023 and 13th June, 2023 at Mandela Hall. The events were organized by the Laikipia University Health Week Committee and was chaired by Dr. Kennedy Maru – Laikipia University Medical Officer. The talks were held as part of the Health Week activity, which is to be held on 20th to 21st June, 2023 at the University's Pavillion Grounds.

Guest speakers during the two forums were Dr. Robina K. Oyaro (Consultant Physician and Preventive Cardiovascular Medicine Specialist), Dr. Irene M. Oyaro (Consultant Obstetrician and Gynaecologist) Dr. Wachira J. K. Njaga (Consultant Urologist from Nakuru), Ms. Grace Ndegwa (Reproductive Health Specialist) and Mr. George from Gender Based Violence centre in Nyahururu. They discussed about hypertension in general, hypertension during pregnancy, cervical cancer, prostate cancer and other common urologic issues in men, breast cancer and Gender Based Violence respectively. It was attended by Staff and Students.

During the Health Week, there will be cancer screening services for Breast, Cervix and Prostate; Random Blood Sugar Check; Blood Pressure Monitoring; BMI Assessment and Nutritional Counseling; Blood Donation; Sensitization on Persons living with Disability; HIV/AIDS Counselling & Testing; Eye Checkups; Mental Health; Health Education; NHIF Sensitization and Registration. Partners include: Laikipia County Government, Kenya National Commission on Human Rights, Kenya Red Cross Society, St. Benedict XVI Catholic Hospital, Charity Medical Hospital, St. Martin Catholic Social Apostolate, AMUA Family Planning Clinic, and National Authority for the Campaign against Alcohol and Drug Abuse (NACADA), National Health Insurance Fund (NHIF) among other institutions.

The theme for this year's Health Week will be: Understanding Non-Communicable Diseases (NCDS) For Better Health. Everyone is welcomed and encouraged to take part including staff, students and the community at large.



A section of participants during Laikipia University Health Talk held on 13th June, 2023 at Mandela Hall.

Laikipia University Environmental Week

Laikipia University Environmental Week 2023 was carried out between 12th and 17th June 2023. It was organized by the Environment Sustainability Committee (ESC) at the University. While the dates between 12th and 17th June aimed at having the official Environmental Week and Tree planting exercise, the activities begun on 1st of June of 2023 and flowed up to 22nd of June 2023.

Needless to say the exercise is not limited to the week's events only but it's a continuous process throughout the year with a focus on optimizing the weather conditions, availability of staff, students and surrounding community. This year, the ESC had an alternative approach which involved incorporating the surrounding community that includes public schools, Community Based Organisations (CBOs). This year the ESC targeted 5000 cyprus and eucalyptus trees that were planted at selected blocks i.e. 2 blocks East of the University- at the border of the University and surrounding community, at the Sewage Plant - 2 blocks, and between University Business Centre and Gate A.

Apart from 5000 exotic tree species, the committee targeted provided 20 mature indigenous trees that were planted during the 5th Biennial Laikipia University Conference and Exhibition that was held between 24th and 26th of May 2023. The 20 seedlings were planted during the official opening of the function by the guest speakers, Members of the University Management Board (UBM) as well as some members of the conference organizing committee.

The main tree planting exercise begun by digging of the 5000 holes, the official opening of the exercise by Ag. Deputy Vice Chancellor Prof Goro Kamau on 14th June 2023 and planting of the trees from 14th June 2023 to 22nd June 2023. This year's theme was 'Plugging into the National Tree Planting initiative'. The tree planting initiative was launched by His Excellency the President of Kenya Dr. William Samoei Ruto. The initiative targets to plant 15 billion trees in Kenya by 2032 a move that will work towards combating greenhouse gas emissions, stopping and reversing

deforestation and restoring 5.1 million hectares of deforested and degraded landscapes through the African Landscape Restoration Initiative.

Apart from the Laikipia University members of staff, members of the surrounding community, others who also participated included:

- Kenya Forestry Service (KFS) - Nyahururu.
- Kenya Forestry Research Institute - Rumuruti.
- Laikipia University Primary School.
- Igwamiti Primary School.
- Daring Eagles CBO – CBO that focused on tree seedling production as well as tree planting.
- Laikipia Youth Group – Group focused on increased forestry coverage in Laikipia County.

This year the ESC managed to plant more 5000 trees and donated 1000 tree seedlings to the surrounding communities and select institutions. Seedlings were donated to surrounding community including; Laikipia University Catholic Chapel, Laikipia Campus Primary School, Igwamiti Primary School and the Daring Eagles CBO. Following the successful tree planting partnership, the institutions and CBOs have promised to work with Laikipia University in future to ensure increased tree seedling production, increased forest cover in Laikipia County as well as increased environmental integrity awareness within the county.



Some of the pupils from Laikipia Campus Primary School planting trees during the Environmental Week held between 12th - 17th June, 2023 at the University.

Laikipia University, CIAT Workshop

Laikipia University and The Alliance for Bioversity and International Centre for Tropical Agriculture (CIAT) held a successful workshop on 12th – 17th June, 2023 at Enashipai Resort in Naivasha. The University was represented by the Vice Chancellor Prof. Kibett Rotich together with other Members of the University Management. The lead person from CIAT was Noel Templer.

The workshop was organized by Department of Earth Sciences and School of Science and Applied Technology and was aimed at developing two curricula: BSc in Climate Smart Agriculture and MSc in Geography and Sustainable Resource Management. These two curricula were prioritized as they will go hand in hand with practices that support climate resilience, mitigation, as well as socio-economic and agro-ecological transformation. Laikipia University and CIAT, through Accelerating Impacts of CGIAR Climate Research for Africa (AICCRA) | CGIARAfrica, also signed an MOU to share knowledge and skills.



Laikipia University Vice Chancellor Prof. Kibett Rotich (Centre Right) and Mr. Noel Templer (Centre Left) from CIAT, holding their signed MOU during the workshop. Overlooking are other officials from Laikipia University and CIAT.

9th Laikipia University Health Week

The 9th Laikipia University Health Week was held on 20th – 21st June, 2023 at University's Pavillion Grounds. The theme for this year's Health Week was: Understanding Non-Communicable Diseases (NCDS) For Better Health. The two-day event was officially opened by Ag. Deputy Vice Chancellor - AFP (Administration, Finance and Planning) Prof. Nicholas Kamau. Also in attendance were Ag. Deputy Vice Chancellor - ARSA (Academic, Research and Student Affairs) Prof. Jacinta Ndambuki, University Medical Officer, Deputy Registrar - AHC (Administration and Human Capital), University Finance Officer, Staff, TVET Students and Members of the Public.

The intended groups turned up in good numbers with Cancer Screening Services for Breast, Cervix and Prostate being offered; Random Blood Sugar Check; Blood Pressure Monitoring; BMI Assessment and Nutritional Counseling; Sensitization on Persons living with Disability; HIV/AIDS Counselling & Testing; Physiotherapy; Eye Checkups and Dental Services; Ultra Sound; Fertility Services; Mental Health Education; NHIF Sensitization and Registration; General Consultation among other services.

While addressing some areas, Mental Health was well tackled and sessions were offered in groups and at individual level. As per studies reported during the event, 40% of the population is suffering from mental health issues. Depression and anxiety being at the forefront among the mental illnesses mentioned, causes being financial struggles and family wrangles.

Representatives from counselling institutions urged that people should not be afraid to ask for help whenever in need. They will be assisted on the way forward towards finding the solution to their issues. However, due to stigma, there is a challenge in addressing mental illnesses. The theme in this area was dubbed 'it is okay not to be okay'.

Screening for cervical, breast and prostate was done and more than 140 people went through the screening. The doctors took their time to explain that it is important for anyone to go for screening at stipulated intervals for any type of cancer. Cervical cancer in particular is caused by Human

Papilloma Virus (HPV) and is spread through sexual contact. In order to curb it earlier, it is highly advised for girls between 10 - 12 years to get immunized against it. Also women who are below 24 years, provided they are not sexually active, should also get HPV vaccine which is administered 6 months apart.

Women of childbearing age estimated to be 25 – 49 years should go for screening after every 5 years. For breast cancer, self-examination in women should be carried out 3 – 5 days after the menses and after 3 years medical examination. Those who are HIV positive are advised to go for the examination annually. In men, the examination is done using Clinical Based Examination (CBE) method. Although breast cancer in men is rare, the doctors said it is important to examine. Treatment for any positively diagnosed case should start immediately. Treatment also varies from biopsy, chemotherapy to surgery depending on the stage of the condition.

Optical and dental desks also recorded more than 170 cases combined and appropriate action was prescribed for the purpose of prevention, maintenance and treatment. It was noted that most of the people suffer from dental cavities, teeth discoloration and gingivitis. In terms of nutritional counseling, it was recorded that it is yet to be fully implemented. This is due to the fact that, most people were overweight. It was possible to establish this through the Body Mass Index (BMI) Assessment. Specialists elaborated that people with BMI below 18 are malnourished, 18 to 25 have proper weight, 25 to 30 are overweight and those above 30 are obese.

Laikipia University partnered with several bodies and organization in ensuring that the Health Week 2023 was successful. These included: Laikipia County Government, Pearl Hospital Nyahururu, Kenya National Commission on Human Rights, Kenya Red Cross Society, Charity Medical Hospital Nyahururu, St. Martin Catholic Social Apostolate, Talitha Kum Children's Home, AMUA Family Planning Clinic, St. Benedict XVI Catholic Hospital, Kenya Counselling Psychologists Association, National Authority for the Campaign against Alcohol and Drug Abuse (NACADA), National Health Insurance Fund (NHIF) and Eagles Tree Planting Champions, Nyahururu.

The event was officially closed by Dr. Charity Chemnjor, who was representing the acting VC, Ag. Deputy Vice Chancellor – AFP, Prof. Nicholas Kamau. Dr. Chemnjor appreciated and thanked all parties who took part in making the event colourful including the University Medical Department, LU Health Week Organizing Committee, all partners and everyone who sacrificed their time to be part of the event. She urged everyone to be aware of their health as a whole i.e. body, mind and soul, should go for regular checkup and that early diagnosis is highly advised for proper timely medication. She further, reiterated that ‘Kujijua ni kuwa sure’.

It was also added that the University is working on making the Health Week a quarterly event instead of holding it annually. The event ended ceremoniously with issuance of participation certificates and photo session. Those whose screening and assessment results turned positive, were advised to go for treatment.



Dr. Maru (Right), University Medical Officer and Dr. Chemnjor (Second Right), standing in for the acting VC Prof. Nicholas Kamau, presenting participation certificates to member representatives from Daring Eagles CBO during Health Week closure at Pavillion Grounds on 22nd June, 2023.

Gilgil Garrison Day Secondary School Visit

On 26th June, 2023 students from Gilgil Garrison Day Secondary School visited the University. Through the Directorate of TVET, Career Placement, Alumni and External Linkages, the students were welcomed and their area interest of learning was at the library and farm department. Before they were dispatched they were taken through a brief career mentorship by Ms. Hellen Wambugu – TVET rep, Ms. SaidLunar Mutoro, Ms. Faith Nyamburu and Ms. Grace Ayuma.

At the farm, students were informed on livestock production i.e. in poultry, pigs, sheep and dairy section. In the library, they were taken around sections that are there from the Cataloguing area, Africana, Achives among others. The students were happy and motivated enough to study hard and smart so as to get grades that will enable them secure a chance to join University like Laikipia to pursue the course of their dreams.



Member representatives from the Directorate of TVET, Career Placement, Alumni and External Linkages interacting with students from Gilgil Garrison Day Secondary School on 26th June, 2023.

Pictorial Section



Members from the Directorate of TVET, Career Placement, Alumni and External Linkages with students from Kiambu Institute of Science and Technology who visited the University on 16th May, 2023.



A session in progress during the 5th Laikipia University Biennial Conference held concurrently at Humanities and Development Studies Boardroom on 25th May, 2023.



Some of the conference delegates cutting the cake during the cocktail party held at Vision 2030 Hall on 24th May, 2023 as part of the Conference activity.



Conference delegates at an excursion session at Subukia View Point on 24th May, 2023.



Participants waiting to be attended at the optical and dental service points during the Health Week exercise carried out at the University from 20th - 21st June, 2023.



A section of students from Gilgil Garrison Day Secondary having a tour of the library during their Mentorship Forum visit to the University on 26th June, 2023.

All correspondence should be sent to:

The Editor, LU Info Point
Corporate Communication Officer,
Laikipia University
P.O Box 1100-20300
Nyahururu

E-mail: pr@laikipia.ac.ke

Website: <http://www.laikipia.ac.ke>

Facebook: <https://www.facebook.com/laikipiau>

Twitter: <https://twitter.com/LaikipiaUniKe>



Laikipia University is ISO 9001:2015 and ISO/IEC 27001:2013 Certified

